SENSE
RUGBY

Sense Rugby is an initiative launched by Professional Rugby Player, Jesse Parahi and Paediatric Occupational Therapist, Carlien Parahi.

We want all kids to experience the joy and camaraderie of team sport! We know that this can get a little tough sometimes, especially as children may find group situations hard. Others could just find it tricky to focus when there's so much exciting stuff happening around them. Because of this, we joined forces and are using our knowledge of rugby combined with our expertise in children to formulate a program which helps to work on life skills and teach rugby at the same time.

Our sessions can help your child to get better at:

- **Socialising**
- **Sensory processing skills**
- **Following instructions**
- **Keeping their body calm and knowing their limits**
- **Being part of a sport group and achieving social success**
- **Coordination**
- **Attending to a task**
- **Self-esteem and self-confidence**

We are so excited to be running our sessions in Griffith between 8 and 10 April!

Stay up to date by visiting us on Facebook or our website.

Facebook: Sense Rugby
Website: www.senserugby.com.au
Email: carlien@senserugby.com.au
Phone: 0421 229 069

Jesse Parahi

Jesse hails from Avoca and attended Kincumber High School. Following a successful junior rugby career, he has been a regular fixture in the Rugby Sevens World Series for the past 5 years. He won a bronze medal at the Glasgow Commonwealth Games in 2014, participated in the Sevens Rugby World Cup in Moscow, was awarded the 2012 RUPA Rugby sevens excellence award and has been able to travel to world as part of the series. Closer to home, Jesse has been a proud ambassador for the UON Central Coast Sevens tournament since 2011. In 2015, he helped his team qualify for the Olympics and worked hard in preparation for Rio 2016.

Jesse has a younger brother and sister aged 9 and 7, and thoroughly enjoys sharing his passion for rugby with the kids he works with. Jesse is an advocate for the positive difference that being part of a team made for him while growing up and he wants all kids to be able to experience the same. His kind, gentle and fun nature makes him a perfect fit for Sense Rugby!

Carlien Parahi

Carlien is a Paediatric Occupational Therapist based on the Northern Beaches of Sydney. Carlien spends her days helping children and their families to get to the bottom of learning, developmental and social-emotional delays. She has significant experience in helping parents to understand more about and help children to overcome or improve Sensory Processing Disorders/difficulties, delays in gross motor or fine motor skill development, Autism Spectrum Disorders, Social-emotional difficulties, ADHD and many more. Carlien has a special interest in sport and its many uses; particularly as a therapy tool to improve social skills, emotional regulation, coordination and Sensory Processing. Her empathetic nature and knowledge in child development has helped hundreds of children become more successful at their daily activities.

ABOUT OUR FOUNDERS

SENSE RUGBY

PERMISSION TO PARTICIPATE IN SENSERUGBY

I give permission for my child or ward _____

(Full name)

Age_____

To participate in the Sense Rugby programme.

While I appreciate the efforts made by Sense Rugby to minimise the possibility of injury, I understand that there will remain some degree of risk inherent in participation in the programme.

Under no circumstances should my child/ward be allowed to complete the following activities:

_____

Parent or caregiver's name: _____

(Please Print)

Email address_____

Mobile No_____

Date Preference 8th, 9th or 10th of April_____

Signature: _____

Date: _____

SENSE RUGBY

PARTICIPANT CONSENT FORM

RELEASE FOR USE OF NAME, IMAGES AND/OR RECORDINGS

I, _____, authorise Sense Rugby to make, use and/or retain an image and/or recording which may identify my child, during a Sense Rugby event.

I, _____, also understand that Sense Rugby:

 will not pay my child for giving this consent or for the use of my image and/or recording;

 may keep the image and/or recording on record until I revoke my consent;

 will return or destroy images and/or recordings if I withdraw this consent, with the exception of those already published.

 may use the image and/or recording in the future, unless I specify limitations for its use; and

 may use the image and/or recording in promotional material and will notify me of the purpose of use.

I understand that I can withdraw my consent at any time by notifying a staff member of Sense Rugby.

Name: _____

Signature: _____

Date: ____/____/____